

BE PART OF A YOUTH VOICE GROUP!
HEAR ABOUT LOCAL AND NATIONAL MENTAL
HEALTH AWARENESS EVENTS, WORKSHOPS,
CAMPAIGNS AND MORE. CHOOSE WHAT YOU
WANT TO PARTICIPATE IN. MAKE A CHANGE.

#NYMENTALHEALTH



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TO GET INVOLVED IN MENTAL HEALTH
EVENTS AND CAMPAIGNS FOR YOUNG
PEOPLE ACROSS NORTH YORKSHIRE.

