



Wishing you peace and joy this
holiday season

Thank you for your support this year.

Our opening hours over the holidays are as follows:

Our offices are open as normal, apart from the Bank Holidays, Christmas Day, Boxing Day and New Year's Day.

In North Yorkshire and Barnsley, our helpline is open seven days a week on 03000 110 110.

In Sheffield, our helpline is open 6 days a week, excluding Sundays on 0808 808 2241

Live Chat on our website is available 3 pm - 6 pm Monday - Friday, excluding Christmas Eve, Christmas Day, Boxing Day, New Year's Eve and New Year's Day. We also run a dedicated Live Chat for professionals between 10 am - 12 noon, Monday - Friday.

For 24 hour support, please call the National Domestic Abuse Helpline on 0808 2000 247

Our services rely on the generosity of our donors. If you can, please make a donation, as much as you can afford, to help families fleeing abuse this Christmas.

Thank you

Scan to make a referral



idas.org.uk/donate

IDAS (Independent Domestic Abuse Services) is a registered charity in England and Wales Number: 1102337. Company Number: 4984337