

**Self-Harm Guidelines - Checklist for schools: Supporting the development of effective practice**

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| The school has a policy or protocol approved by the governing body concerning self-harming |  |
| Ensure the self-harm policy links to other relevant policies e.g. substance misuse and safeguarding |  |
| ALL new members of staff receive an induction on self-harm procedures and confidentiality |  |
| ALL members of staff (teaching and non-teaching) receive regular training on child protection procedures |  |
| The school has clear channels of communication that apply to this issue |  |
| If pupil is receiving support, a regular minuted review meeting is held to document actions, ensuring progress and impact |  |
| A risk assessment is completed involving pupil, parent(s)/ guardians and all other involved people if appropriate |  |
| Staff are supported throughout all processes concerned with this issue |  |
| Staff know how to access support for themselves and pupils including the North Yorkshire pathway of support for children and young people who deliberately self-harm |  |
| Pupils know who to go to for help |  |
| The school has a culture that encourages pupils to talk, adults to listen and believe |  |
| Pupils are consulted on any curriculum provision (e.g. in PSHE) and pastoral support provided |  |
| Planned Personal, Social, Health Education (PSHE) provision is in place that incorporates emotional health and well-being including lessons on self-harm |  |