



#GettingThrough Guides

We invite you to join us for a webinar on one of the dates below:

- Thursday 6th October 2022, 9.30-10.30am [Join](#)
- Wednesday 12th October 2022, 4-5pm [Join](#)
- Friday 14th October 2022, 1-2pm, [Join](#)

Please come and find out about a new resource to help families who are #gettingthrough the first few days when their child has been admitted to an in-patient unit.

#GettingThrough has been created by families who have already been through their own 'first few days'.

Outline of the session

- Hello & Welcome
- Planting the seed – #GettingThrough Story
- Growing together - Young people, parent/carers & professionals
- #Getting Through Guided Tour
- Next Steps & Questions

